

on weekdays from 11.30 until 16.00

## SOUP / SALAD

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SOUP OF THE DAY	5.50
SALAD	3.50
DESSERT OF THE DAY	2.50

## TACO LUNCH BOXES

daily fresh! check out the board or simply ask us!

MEAT TACO BOX	13.50
3 tacos + soup/salad + dessert	
VEGGIE/VEGAN TACO BOX	12.50
3 tacos + soup/salad + dessert	

daily from 11 am

## BARFOOD

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HAUS CHIPS (vegan)	4.00
colorful potato, seasoned salt	
MARINATED OLIVES (vegan)	5.00
KIMCHI QUESADILLAS	7.00
monterey jack, red cheddar, avocado mash, sour cream, chili	
ERICH NACHOS	8.00
avocado mash, sambal oelek-cheese, bean cream, feta, jalapenos, chili	

food

ask our staff for the allergies menu . prices in euros incl. vat..

# RISE AND SHINE

breakfast for individualists



start with  
a base

+



add  
extras

+



round it off  
with toppings

## 1. BASE

### VEGAN

8.00

avocado mash, toasted  
organic whole-grain bread

### EGGS

8.00

toasted organic steam-oven-baked bread

2 eggs of your choice:

- poached
- scrambled
- fried

## 3. TOPPINGS

### 2 TOPPINGS INCLUDED

- crispy quinoa (vegan)
- tomato & pepper salsa (vegan)
- dukkah (nut & spice mix) (vegan)
- red pickled onions (vegan)
- fresh herb leaves (vegan)
- fresh chili (vegan)

## 2. EXTRAS

### EACH EXTRA

+2.00

- grilled tomato (vegan)
- spicy tomato & bean sauce (vegan)
- sauce hollandaise
- herb mushrooms (vegan)
- organic egg
- crudités (vegan)
- hummus (vegan)

### EACH EXTRA

+3.00

- crispy bacon
- herb mushrooms
- chorizo
- organic egg
- ham
- feta
- halloumi
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### EACH EXTRA

+4.00

- smoked salmon
- avocado mash

daily 9am to 4pm

## BREAKFAST

### KICKSTARTER 7.50

ruby chocolate croissant with pistachios and pomegranate, cappuccino, apple-ginger shot

### HUEVOS RANCHEROS 11.00

vegan possible – 2 corn tacos, 2 fried eggs, feta, spicy tomato & bean sauce, coriander, lime & cream cheese

### BREAKFAST TACOS 11.00

cheese & herb omelette (3 eggs) roasted mushrooms, crispy bacon, avocado mash, cress, tomato salsa

### HARISSA EGGPLANT grilled 11.00

2 poached eggs, greek yoghurt, feta, dukkah, nuts, parsley, mint, sourdough bread

### BENNY EGGS 10.50

home made brioche baguette, 2 poached eggs, baby spinach, tomato salsa, hollandaise sauce

### GREEN SHAKSHUKA vegan möglich 10.50

2 eggs, feta, spinach, courgette, broccoli, peas, cashews, cumin, chili, organic steamoven-baked bread, coconut milk

### SCHÖNER ERICH 15.00

ham, cream cheese, chive butter, soft-boiled egg, gruyère, smoked salmon, crispy bacon, mini acai bowl, organic hand-rolled semmel, urkornbrot, horseradishl

### BREAKFAST BOWL 10.00

avocado mash, poached egg, herb mushrooms, red baby chard, fragrant rice, radish, cucumber, kimchi, sesame

### ACAI BOWL vegan 7.50

pomegranate, kiwi, banana, buckwheat

### SÜSSER ERICH 10.50

croissant, home made brioche toast, butter, apricot jam, strawberry jam, soft boiled egg, french toast, marinated berries

### PINK PORRIDGE vegan 7.50

oatmeal, coconut milk, raspberries, pistachios, flamed banana, coconut, berries, almonds

### FRENCH TOAST 8.00

fresh berries, maple syrup

### EXTRAS

organic hand-rolled semmel 1.50

org. steam-oven-baked bread+Urkorn 2.50

chives bread 4.20

croissant 3.00

quinoa croissant vegan 3.00

ruby chocolate croissant 4.00

pistazien, granatapfel

käse (gruyère) 2.50

organic buckwheat bread gluten-free 3.00

## BOOZY BREAKFAST

### MIMOSA 6.90

HOUSE BUBBLES, fresh orange juice, raspberries

### BLOODY „ERICH“ 6.50

2cl HOUSE VODKA, lemon, cucumber, olive, tabasco, worcestshire sauce  
bacon!..or not?

### ESPRESSO MARTINI

GOOD MORNING 2cl 6.90

GOOD NIGHT 5cl 11.00

HOUSE VODKA, double espresso, kahlua, brown sugar

food

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daily from 11 am

## GRILLED SANDWICHES

### THE HANGOVER 12.00

hand-rolled semmel, tomato, 2 fried eggs, ham, avocado, leaf spinach, braised onions, chili cheese

### HALLOUMI-FIG MUSTARD 12.00

organic steam-oven-baked bread, avocado, fig mustard, red hummus, braised onions, chard-basil-tomato salad

### CLUB 15.00

organic steam-oven-baked bread, gruyère, mozzarella, chicken leg, crispy bacon, red onion, romaine lettuce, tomato, avocado mash, lime mayo

### PULLED PORK 15.50

brioche bun, home made bbq sauce, red cabbage, braised onions, gherkins, tomato relish, ERICH nachos

### EGGPLANT GRILLED 14.00

greek yoghurt, feta, pine nuts, harissa, parsley, mint, dill

daily from 9 am

## SWEET TREATS

### FRENCH TOAST 8.00

fresh berries, maple syrup

### CAKES

chocolate shot 4.50

apple & blackberry crumble tart 5.00

carrot-quinoa nut tartlet (vegan) 5.00

orange-almond cake 5.00

daily from 4 pm

## TACOS

1 taco / 3 tacos.

### HUMMUS EGGPLANT 4.50 / 12.00

vegan – pomegranate, soy yoghurt, pine nuts, pesto

### AVOCADO-FETA 4.50 / 12.00

bean cream, spring onion, salsa, coriander, lime

### CHICKEN „AL PASTOR“ 5.00 / 13.50

bean cream, pineapple, spring onion, coriander

### BEEF BIRRIA 5.00 / 13.50

monterey jack, spring onion, cheddar cheese, coriander

### PULLED PORK 5.00 / 13.50

red cabbage, bbq, braised onions, gherkins

### SALMON 5.50 / 15.00

cream cheese, red cabbage, spicy citrus fruit

### TACO-FLIGHT 3 types, 2 of each 24.00

daily from 11 am

## BOWLS

### BAJA MEXICO vegan possible 10.00

quinoa, avocado, radishes, spicy beans, lime, nachos, baja sauce

### QUINOA BOWL vegan 12.00

quinoa, courgette, pink hummus, stewed pumpkin, peppers, young spinach

### CAESER 12.00

chicken, avocado, parmesan, romaine salad, caesar-dressing, steam-oven-baked bread

### LACHS POKE raw salmon 16.00

avocado, cucumber, basmati rice, tomatoes, soy marinade, sesame

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